



2018 Port Washington-Manhasset Bay Kayak Run Event & Safety Instructions for Participants

Event: The Manhasset Bay – Port Washington Kayak Run is a family event open to all skill levels. The Kayak Run is limited to human-powered kayaks, canoes and paddleboards of all sizes and shapes. No others - including those propelled by sail, gas or electric means - will be allowed to participate in the Run.

Location: The primary launching points for the Run will be the Town Dock, Manorhaven Park, and Inspiration Wharf. Kayaks may also be launched from any yacht club or from one of the many other launching points around Manhasset Bay. All Kayakers **MUST** check in at the Town Dock (the floating dock on the north side) prior to starting the course.

Paddlers usually carry their own boats to the launch site on the Town Dock. However, there are volunteers around who can help you carry your craft to the launch.

Start: At the Town Dock - A starting gun will sound at 10:00 AM EST.

Finish: A Warning gun will be fired at 12:30 PM
The finish gun will be at 12:45 PM.
Kayakers will have three (3) hours on the Bay.

Prize Drawing: About 1 PM at the Town Dock.

Age Restrictions for youth:

- Children of any age may be in the same boat as the responsible parent or guardian. It is the responsibility of the parent or guardian to make that determination.
- A child who is 10 years of age or older may participate in the Kayak Run in his/her own craft if he/she is accompanied by a responsible party (age 18 years or older) in a different craft.
- A child--16 years or older--may participate in the Kayak Run in his/her own craft (However, a parent or guardian must still sign the application form for you to register.)

Official Number: An official event number will be assigned to each Kayak (and each participant) when registration is confirmed. Participants must have their numbers displayed on their shirt fronts.

Route: There will be 12 or more official check point locations on the Bay. Each site will display an official bright orange sign. Sites are also marked on a map of Manhasset Bay that is given to all participants before the start. Your Official Number should be displayed to a Kayak Run Official at each check point location. Kayak Run officials will have a list of all assigned numbers. They will record each contact on this list with the check in time.

Kayakers will start at Town Dock and follow a counter clockwise course around Manhasset Bay. The stops will be as follows:

1. Port North BayWalk Park
2. Gulfway Marina Dock
3. Manhasset Isle Civic Association Community Dock (MICA)
4. Manorhaven Beach Boat ramp
5. North Shore Yacht Club Dock
6. Brewers Capri West Marina Dock
7. Plum Point, at the dock in Capri Cove.
8. The Worry Wart – Yellow Manhasset Bay Race Committee barge in middle of the Bay
9. Manhasset Bay Estates Dock
10. Port Washington Estates Dock
11. Port Washington Yacht Club Dock
12. Manhasset Bay Yacht Club Dock

FINISH: Port Washington Town Dock – in front of flag pole.

For Safety

- All Kayakers are required to check in at the Town Dock
- All participants must **wear** an approved Personal Floatation Device (PFD) and have a whistle (provided by the event).
- Kayakers may complete the Run at any of the check in Points. They **MUST** advise the Run Official that they have completed their Run. Check in at the end of the run should be by 12:45.

The Run committee reserves the right to issue a Storm Date, cancel or shorten the paddle if it determines that conditions are too dangerous, i.e. electrical storm, rough water, etc. A Storm Date of Sunday, July 22 will be issued if small craft warnings are issued for July 21st.

There will be several Town Patrol boats, Nassau Marine and a Coast Guard boat on the Bay during this event. These boats will be available to assist in any emergency.

The Bay Constables, chase boats and the Run Committee will monitor VHF channel 6. Kayakers needing assistance should waive their arms to alert the patrol boats.

Water – Water is available at the Worry Wort, Port Washington Yacht Club and from the North Hempstead Patrol Boats.

Town Dock Phone 516 767 4622
Cell phone Contact 516 445 3250